

Maryland Tai Chuan Do Winter 2017 Tournament

Divisions: 9 & Under - White to Orange, 9 & Under - Green to Brown,
10-12 White to Orange, 10-12 Green to Brown,
13 –15 White to Orange, 13-15 Green to Brown,
Women - White to Orange, Women - Green to Brown, Women-Black
Men - White to Orange, Men - Green to Brown, Men-Black
Grappling competitors will be divided into divisions according to weight.

Policies: There must be at least 4 competitors to make a division. Otherwise they will be added to the next division up. At least 2 black belts will judge each event. There will be at least three rings for kata and point sparring competitions, and mats for continuous sparring, grappling, and one-step sparring or self-defense competition. Trophies are awarded for 1st place and certificates for 1st through 3rd place in each event/division. For competitors that compete in at least four events, a Grand Champion will be announced. Tournament pre-registration entry fee is \$15 with a maximum of \$45 per family (due by January 12th). Tournament entry fee at the door is \$30 with no family discount. There is no spectator fee but donations are accepted to defray costs associated with expenses. ALL attendees must show respect, whether spectator or participant. A **MEDICAL RELEASE FORM** is required for all participants.

Tentative Schedule: The tournament will start **promptly** at 9:00am. Arrive early for registration and warm-up. There will be a brief lunch break in the middle of competitions.

Rules:

Point Sparring

- Protective mouth guard, head, foot & hand gear (**dipped foam only**) required. Foot gear must cover toe area. Hand gear must cover knuckle area. Chest and groin protection suggested.
- At least 3 judges per ring with the majority of judges witnessing the same strike for point.
- The groin is not a legal target.
- Hand Strikes, Kicks and Gi may not be trapped or grabbed.
- Sweeps of the leg are not permitted.
- Matches will be two minutes or five points. 2 points per kick. 1 point per hand strike.
- The competition is single elimination with a consolation round to determine 3rd place.
- Contact is not required in order to score.
- Matches are NO contact to the face, light contact to the head and body.
- Competitor pairing is done at random within the division.
- White belts may compete with their sensei's approval.

Continuous Sparring

- Protective mouth guard, head, foot & hand gear (**dipped foam only**) required. Foot gear must cover toe area. Hand gear must cover knuckle area. Chest and groin protection suggested.
- The groin is not a legal target.
- Traps are permitted
- Sweeps of the leg are permitted.
- Matches will be two minutes.
- The competition is single elimination with a consolation round to determine 3rd place.
- Contact is not required in order to win a match.
- Matches are NO contact to the face, light contact to the head and body.
- Competitor pairing is done at random within the division.
- White belts may compete with their sensei's approval.

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Kata/Weapons

- Music is not allowed.
- Order of performance is randomly selected.
- Ties will be broken by the two competitors performing again.

Original Kata

- Music is not allowed.
- Order of performance is randomly selected.
- Competitors must compete in the standard Tai Chuan Do Kata competition to be eligible.
- Ties will be broken by the two competitors performing again.
- No gymnastic moves are permitted except a karate roll/escape.
- 2nd Brown Belt or higher rank only can compete and all katas must be approved by their Sensei.
- The winner will be determined by the judges' ruling.

Competitive Self Defense

- Competitors will demonstrate defenses against randomized attackers executing a single grab/attack. A maximum of 6 attacks will be conducted. Black belts may have multiple attackers at one time.
- Judging determined by focus, reaction speed, appropriate responses, after strikes, and intensity.
- Strikes, take-downs, throws, chokes, and locks are permitted. No weapons are permitted.
- Only the defender will compete and be counted for a win. Mistakes or hesitations by the attacker(s) will not affect the defender's score.
- Ranks Green Belt or higher MUST include at least one throw, one take-down, and one lock to be eligible in competition.

Creative Breaking

- Competitors must bring their own breaking materials and stands.
- Time limits: 2 minutes and a maximum of 6 breaks permitted (split focus breaks and rapid succession breaks with two to four holders are considered as one break).
- The winner will be determined by the judges' ruling based on the following elements: demonstration of power, variety of hand/foot breaks, use of both left and right strikes, creativity, and successful breaks.
- Order of performance is randomly selected.

Grappling

- Matches are 2 minutes in length and begin from a standing start.
- Winner is determined by Submission; Points: Referee decision; or Disqualification.

Takedown	1 or 2 Points	Submission Attempt	1 or 2 Points
Sweep	2 Points	Side Control	2 Points
Mount	2 Points	Back Grab	2 Points
- No eye gouging, hair pulling, scratching, biting, or striking is permitted.
- No attacking the windpipe with fingers.
- Stalling, avoiding your opponent, running out of bounds, and butt-scooting are not allowed. Competitors are given 1 warning and then points will be added to the opponent for each offense.
- Pressure points are permitted.
- No finger locks permitted.
- Competitor pairing is done at random within the division.

REMAINING GRAPPLING RULES ARE FOUND ON THE **COMPLETE GRAPPLING RULES** FORM.

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MEDICAL RELEASE FORM

Name _____ (**age:** _____) has my/our permission to participate in the Maryland Tai Chuan Do Tournament sponsored by the First Baptist Church of Laurel Dojo, the Forcey Memorial Dojo, and the Oak Grove Baptist Dojo on Saturday, January 14, 2017 at First Baptist Church of Laurel, 15000 First Baptist Lane, Laurel, MD 20707. The event will begin **PROMPTLY** at 9am and finish around 4pm. Transportation to and from the event, and during the lunch break, is the sole responsibility of the participant.

I/we will in no way hold the leaders of the dojos or churches responsible in the event of an accident. Martial arts have the potential for injury or accident. Should there be an accident or injury requiring medical attention, the student's dojo instructor has my/our permission to seek medical attention at the nearest hospital or medical facility at the parents'/participant's expense. Our phone number(s) and address are as follows:

home: () _____ **or cell/work:** () _____

Address: _____
(street) (city) (state) (zip)

Dojo that the participant currently attends: **Laurel** **Forcey** **Oak Grove**

If you are unable to reach me/us please call; _____
(name)

at home: () _____ **or work:** () _____.

Our personal physician's name is:

_____ **Phone:** () _____.

Insurance Company: _____; **Policy ID #:** _____

If the participant is under medical treatment, on medication, has allergies or a physical disability, or other medical problems that we should know about, please describe:

Participant's Covenant

In the event that the aforementioned participant demonstrates disrespect or endangerment to another participant, the parent/participant will be responsible for the immediate removal of said participant from the premises.

Participant (adult)/Parent Signature: _____ **Date:** _____

Participant (minor) Signature: _____ **Date:** _____

Permission for minors to compete in Creative Breaking Competition: Yes No

Permission for the use of videos or photos of your youth for promotional use: Yes No

BRING A SACK LUNCH FOR SATURDAY'S LUNCH.